

ARE YOU AGED 65 YEARS OR OVER?

If you are interested in taking part, you can follow the link below to find out more about the study. This link will also allow you to take part in the study.

https://sotonpsychology.eu.qualtrics.com/jfe/form/SV_8easRZofiS9958F

Should you wish to have the above link emailed to you, or discuss this study with me further, please do not hesitate to contact me on: 07584 784 987 or email me at ron@soton.ac.uk.

Your help would be greatly appreciated!

Hello, my name is Ronald Zammit and I am a Trainee Clinical Psychologist at the University of Southampton. As part of my doctoral thesis, I am investigating how brief, self-help psychological practices can be used to improve how people aged 65 years and over think and feel about their bodies.

As such, I am looking to recruit men and women aged 65 years and over who wish to take part in this online study.

The study is strictly confidential and there is no travelling involved.

As a thank you for taking part, you can opt into a prize draw upon completion of the study with a chance to win one of four *£50* shopping vouchers.

Please note the end date for recruitment is 28th February 2019.